

# Pain Resource Nurse Program (PRN)

*The Pain Resource Nurse Program of Home Health VNA consists of specially trained nurses expert in assessing and treating pain using the latest clinical advances. The team incorporates effective pain strategies based on best practices in the care of patients. Pain resource nurses address pain issues across the continuum, from mild, chronic pain to more acute and complex types. The team also uses medication management and monitoring, physical therapy and alternative therapies such as relaxation to relieve pain.*



## Key Services

- A thorough patient pain history and assessment
- Collaboration with the patient's physician and all members of the clinical team
- Consultation with other clinicians regarding their patient's pain and symptom management
- Development of an individual plan of care on each patient in collaboration with the patient, physician, family and other care providers
- Pain and symptom management options based on best clinical practices



Home Health VNA  
Merrimack Valley Hospice  
HomeCare, Inc.

The Leaders in Home Health and Hospice Care

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Haverhill, MA



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### Patient benefits include

- Decreased pain and other symptoms that impact quality of life
- Decreased emergency room visits to treat pain
- Increased ability to carry out activities of daily living
- Improved relaxation and sleep
- Increased mobility not limited by pain

