

Home Telehealth Monitoring



Your health and telehealth monitoring

Home telehealth monitoring is a service available to help you stay well by regularly checking your vital signs – weight, heart rate, oxygen level and blood pressure – and other symptoms. Using a simple monitoring unit you can check your vital signs and symptoms in your own home, for comfort, convenience and peace of mind.

How it works

Home telehealth monitoring has two main parts:

1. The small unit that Home Health VNA will bring to your home and teach you to use
2. The monitoring station at our office that collects your vital sign information and displays it to our nurse for review

Your doctor will set vital sign measures that are right for you. At a regular time each day you will use your monitoring unit to check your vital signs and answer a few simple symptom questions. When you are finished, the information will be sent to our nurse to review. If follow up is needed, our nurse will contact you or your doctor.

The benefits of home telehealth monitoring:

- You and your vital signs and symptoms will be followed closely
- Your doctor or nurse will be notified of small changes to your health before they become serious
- You and your nurse will work together to manage your health
- You will learn more about your chronic disease so you can be an active participant in your care

To learn more or arrange for home telehealth monitoring call 978-552-4788.



Home Health VNA

Affiliated with Merrimack Valley Hospice