Listed below are the community support groups we are currently offering*. If you’re interested in learning about additional bereavement options call 978-552-4510

*Pre-registration is required to attend all groups. If day or evening activities in the community are cancelled due to inclement weather, support groups will be cancelled.

Updated: November 15, 2019

Winter 2020

Grief Support for Living with Loss

Billerica Senior Center
25 Concord Road, Billerica, MA
2nd & 4th Wednesdays, 12:00 P.M. - 1:30 P.M.
Feb 12th - June 24th
For information and to register call 978-552-4510

Chelmsford Senior Center
75 Groton Road, N. Chelmsford, MA
1st & 3rd Tuesdays, 5:30 P.M. - 7:00 P.M.
Jan. 7th - June 23rd
For information and to register call 978-552-4510

Dracut Senior Center
951 Mammoth Rd, Dracut, MA
3rd Monday of the Month, 10:00 A.M. – 11:00 A.M.
For information and to register, call 978-552-4510

Hallmark Health VNA
178 Savin St, Malden, MA
2nd & 4th Tuesdays, 10:00 A.M. - 11:30 A.M.
Jan. 14th - June 23rd
For information and to register call 781-338-7861

Co-sponsored with H.L. Farmer & Sons Aftercare

High Pointe House
360 North Ave, Haverhill, MA
2nd & 4th Sundays, 2:30 P.M. - 4:00 P.M.
Jan. 26th - June 28th
For information and to register call 978-552-4510

Lowell General Hospital
Donovan Conference Room
295 Varnum Ave, Lowell, MA
2nd & 4th Thursdays, 6:30 P.M. – 7:30 P.M.
Jan. 23rd - May 14th
For information and to register, call 978-552-4510

Coming Soon, Grief Support for LGTBQ+ Loss,
Please call 978-552-4510 if interested
### LOSS OF SPOUSE/PARTNER GROUPS

<table>
<thead>
<tr>
<th>Group Details</th>
<th>Location</th>
<th>Time</th>
<th>Details</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Grief Support for Loss of Spouse/Partner</strong> ~ First Steps ~ age 55 &amp; over</td>
<td>High Pointe House, Haverhill, MA</td>
<td>12 week closed group; pre-registration is required, must register by Jan. 22nd</td>
<td>For information and to register call 978-552-4510</td>
</tr>
<tr>
<td><strong>Grief Support for Loss of Spouse/Partner</strong> ~ Second Steps</td>
<td>High Pointe House, Haverhill, MA</td>
<td>9 week closed group; pre-registration is required, must register by Jan. 16th</td>
<td>For information and to register call 978-552-4510</td>
</tr>
</tbody>
</table>

### SPECIAL PROGRAMS FOR KIDS & TEENS

<table>
<thead>
<tr>
<th>Program</th>
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</tr>
</thead>
<tbody>
<tr>
<td><strong>Pizza and...</strong></td>
<td>Merrimack Valley Hospice, Riverwalk Properties, Lawrence, MA</td>
<td>3rd Thursday of the Month, 5:30 P.M. - 7:30 P.M.</td>
<td>Sept. 19th - May 21st, 2020 (Skip Feb. 20th) For information and to register call 978-552-4510</td>
</tr>
<tr>
<td><strong>Pizza and...</strong></td>
<td>Lawrence Memorial Hospital, Medford, MA</td>
<td>2nd &amp; 4th Wednesdays, 4:30 P.M. - 6:00 P.M.</td>
<td>Jan. 29th - April 8th For information and to register call 978-552-4510</td>
</tr>
</tbody>
</table>

### SPECIAL PROGRAMS FOR ADULTS

<table>
<thead>
<tr>
<th>Program</th>
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<th>Details</th>
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</thead>
<tbody>
<tr>
<td><strong>Social Knitting Group</strong></td>
<td>Plaistow Public Library, Plaistow, NH</td>
<td>Wednesdays, 1:00 P.M. - 3:00 P.M., Ongoing</td>
<td>For information and to register call 978-374-9257</td>
</tr>
<tr>
<td><strong>Grief Support for Loss of Adult Child</strong></td>
<td>High Pointe House, Haverhill, MA</td>
<td>1st &amp; 3rd Tuesday of the Month, 2:00 P.M. - 3:30 P.M.; Jan. 21st - June 16th</td>
<td>For information and to register call 978-552-4510</td>
</tr>
</tbody>
</table>

### YORK HOSPITAL HOSPICE BEREAVEMENT GROUP

<table>
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</tr>
</thead>
<tbody>
<tr>
<td><strong>Grief Support for Living with Loss</strong></td>
<td>York Hospital, Ellis Conference Room, York, ME</td>
<td>Wednesdays, 6:30 P.M. - 8:00 P.M.; Jan. 8th - Feb. 26th</td>
<td>For information and to register call 207-337-7333</td>
</tr>
</tbody>
</table>