

Main Phone Number
800-933-5593

Main Office and Mailing Address
360 Merrimack Street, Building 9
Lawrence, MA 01843

Additional Offices in
Massachusetts
New Hampshire
Maine

High Pointe House
360 North Avenue
Haverhill, MA 01830
978-377-9100



Becoming a Volunteer

 **Merrimack Valley Hospice**
Affiliated with Home Health VNA and HomeCare, Inc.

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Hospice Volunteers

Volunteers come from all walks of life, with varied experiences, interests and skills. Their common interest is the desire to make a difference; their presence a true gift to our hospice patients and their families. Many volunteers find that the emotional and spiritual rewards they receive far outweigh the time they contribute. Services are provided in a variety of settings such as homes, nursing homes, hospitals and assisted living and residential communities throughout the Merrimack Valley, Southern New Hampshire, the York region of Maine and at High Pointe House.

All volunteers receive training and ongoing education as they are critical members of the hospice team. Careful consideration is taken to pair patients and families with volunteers with similar interests.

Hospice volunteers provide a wide variety of services and support to patients and their families dealing with life-limiting illnesses. Some examples include:

- Providing companionship to patients by reading aloud, playing board games, or listening as they talk about important events in their lives
- Providing complementary therapies such as therapeutic massage or Reiki
- Assisting family members by preparing a light meal, providing light housekeeping or offering respite
- Assisting with bereavement support groups and events
- Providing administrative support in our offices and at High Pointe House



Examples of volunteer opportunities include:

- Patient companionship
- Respite for family and caregivers
- Activities with children
- Light housekeeping
- Licensed massage therapy
- Energy medicine (i.e. Reiki)
- Vigil services
- Spiritual support
- Living Legacy program support
- Bereavement services support
- Veterans program support
- Hairdressing
- Singing with the Threshold Singers
- Pet therapy
- Sewing keepsakes

Experience. Compassion.

Merrimack Valley Hospice provides compassionate physical, emotional and spiritual care for those with advanced illness. Meeting these needs by properly managing pain and symptoms and focusing on quality of life, hospice allows for time to strengthen relationships and create special moments with loved ones.

Working together with the patient, family and physician, we evaluate and create a personalized, patient-centered care plan that can include medical care, pain and symptom management, personal care, counseling and spiritual support and expressive therapies.

Our patient-centered approach extends through our volunteers, as a helping hand and calming presence can make an enormous difference to patients and families in our care.

If you are interested in becoming a volunteer, please contact our Volunteer Manager at 978-552-4522 or VolunteerManager@homehealthfoundation.org.