



GRIEF SUPPORT GROUP



During this difficult time,
we are now providing
grief support groups online.

Since in-person meetings are not possible during the COVID-19 crisis, sessions are offered online so those who are grieving may continue to find comfort and learn coping skills.

zoom

- ALL GROUPS RUN EVERY OTHER WEEK**

All groups are available on the Zoom platform with a facilitator from our licensed, credentialed bereavement staff.

GENERAL LOSS

Wednesday afternoons: . . 12:00 – 1:00 p.m.

Thursday evenings: 5:00 – 6:00 p.m.

LOSS OF SPOUSE/PARTNER

Tuesday mornings: 10:00 – 11:30 a.m.

Wednesday evenings: 6:00 – 7:30 p.m.

- SPECIAL WORKSHOP GROUPS OFFERED**

Special groups are available to those with any kind of loss for added support as the fall and winter holidays approach.

COPING WITH THE HOLIDAYS

Thursday, Nov. 12 10:00 – 11:00 a.m.

Monday, Nov. 16 6:30 – 7:30 p.m.

Tuesday, Dec. 8 12:00 – 1:00 p.m.

Thursday, Dec. 17 7:00 – 8:00 p.m.

Anyone interested in joining a group should call 978.552.4510 for more information on how to connect and participate.

