

# GRIEF SUPPORT GROUP



During this difficult time, we continue to provide sessions online so those who are grieving may continue to find comfort and learn coping skills.

## ALL GROUPS RUN EVERY OTHER WEEK

All groups are available on the Zoom platform with a facilitator from our licensed, credentialed bereavement staff.



## GENERAL LOSS

Tuesdays:  
5:00 p.m. – 6:30 p.m.

**LGTBQ+**  
Tuesdays:  
5:30 p.m. – 7:30 p.m.

## LOSS OF SPOUSE/PARTNER

Tuesdays:  
6:00 p.m. – 7:30 p.m.

Wednesdays:  
11:30 a.m. – 12:30 p.m.

Thursdays:  
6:00 p.m. – 7:15 p.m.

Home Health Foundation joins its Wellforce partners in a commitment to diversity, equity and inclusion with a goal of creating safe spaces and a culture of belonging free of racism, injustice, and bias.

Anyone interested in joining a group should call **978.552.4510** for more information on how to connect and participate.

[homehealthfoundation.org](http://homehealthfoundation.org) | 1-800-933-5593

